

## NVQ Health and Social Care Level 2

This NVQ is designed for people who work with individuals to support and assist them with their physical or emotional care, daily living needs or maintaining their independence. It is extremely relevant for home care assistants, community support assistants, healthcare assistants, and residential or day service

Candidates completing this NVQ may wish to progress to further qualifications at level 3 and 4 in the same and related subject areas, including NVQ Health and Social Care Level 3.

To achieve the level 2 qualification, learners need to complete four mandatory units and two optional units. The mandatory units are as follows:

- HSC 21 Communicate with and complete records for individuals
- HSC 22 Support the health and safety of yourself and individuals
- HSC 23 Develop your knowledge and practice
- HSC 24 Ensure your own actions support the care, protection and well-being of individuals.

Optional units include the following and many more are available:

- HSC 27 Support individuals in their daily living
- HSC 28 Support individuals to make journeys
- HSC 29 Help individuals to meet their domestic and personal needs
- HSC 210 Help individuals to access and take part in recreational activities
- HSC 213 Provide food and drink for individuals
- HSC 214 Help individuals to eat and drink
- HSC 218 Help individuals with their personal care needs
- HSC 221 Assist in the administration of medication
- HSC 223 Contribute to the moving and handling of individuals

Assessments will take place in the workplace and will include the following methods: Observation, professional discussion, questioning, and projects and assignments.